École J. S. McCormick School

May 2021 Newsletter

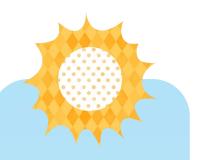
Grade 1, 2 & 3 Registration for 2021/2022

Within EJSMS, all students currently enrolled in school will automatically rollover into their next grade level, including students moving to Grade 4 at ELUES. If you are moving over the summer and will not be attending in the 2021/2022 school year, please contact the office to let us know.

In August, a re-registration email will be sent to all parents. This will allow you to update any demographic and/or contact information changes you might have, as well as provide the annual registration documentation required by Alberta Education. Should you have any questions with the re-registration process, please call the office!

Office Hours :

8:00am -4:00pm ~ 403-782-3096



Month At A Glance

May 5th - Panago Pizza Hot Lunch

May 13th - Extreme Pita Hot Lunch

May 17th - Panago Pizza Family Pizza Night

May 19th - Subway Hot Lunch

May 20th - Parent Letters for Classroom Placement Requests Due

May 21st - PD Day

May 24th - Victoria Day, No School

May 27th - Booster Juice Special Snack

May 27th - School Council Meeting @ 7:15pm

Ecole James S. McCormick School

Registrations

Register soon as spots are filling up!



PRE-KINDERGARTEN PROGRAM HIGHLIGHTS INCLUDE

- Certified Classroom Teacher and Experienced Support Staff
- · A Focus on Excellence in Developing the Whole Child
- · Developing Skills Intellectually, Artistically, Emotionally, Physically and Socially
- Access to Support Services: Occupational Therapy, Physical Therapy and Speech and Language Services

REGISTER ONLINE

HALF DAY PROGRAMS for 3 & 4 YEAR OLDS AVAILABLE

Program times and offering will vary from school to school

- Monday/Wednesday morning or afternoons
- ♦ Tuesday/Thursday morning or afternoons







www.brightfuturesplayacademy.ca

email: brightfutures@wolfcreek.ab.ca Ph: 403.783.5441 Ext 1340



Kindergarten

Register online!

www.ejsms.wolfcreek.ab.ca





2021/2022 Classroom Requests

In planning for the next school year, staff and administrative teams at École J.S. McCormick School, Terrace Ridge School, École Lacombe Upper Elementary School and École Lacombe Junior High School work collaboratively to assign students to classroom settings where their educational, emotional and social needs can most effectively be met. This involves a committed team approach; the current homeroom teacher(s), administration, family school liaison worker and the inclusion coach make recommendations for placement. The team considers the 'big picture' in creating classrooms which are balanced for gender, differing academic abilities, and the potential for positive social/emotional interactions. As a parent, if you have a classroom request for your child that results from a specific academic or social/emotional need or concern, your input is valued by the placement team.

If you wish to make a classroom request based on a specific academic/social concern please submit the rationale in a signed letter (from a parent or guardian) to the school office no later than <u>May 20th</u>. Please understand that because the team will be considering all the factors involved in the "big picture" it may not be possible to honour your request.



School Council Update



May Hot Lunch & Special Snack Items

Wednesday, May 5th - Hot Lunch: Panago Pizza
Thursday, May 13th - Hot Lunch: Extreme Pita
Wednesday, May 19th - Hot Lunch: Subway
Thursday, May 27th - Special Snack: Booster Juice

Thank you to our fabulous School Council for all you have done and all you continue to do for our school community!



Thank you for supporting our first Family Pizza Night with Panago Pizza!

Panago donated \$439.14 back to our school from JS family pizza sales on April 19th! WOW!

Our next Family Pizza Night will be MAY 17th; we look forward to another amazing & delicious evening!

Thank you Panago Pizza for your incredible support!



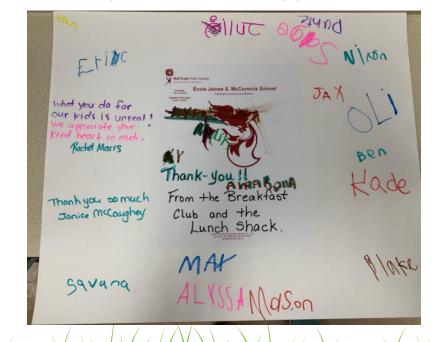
EJSMS Nutrition Program

Our program serves healthy, nutritious breakfasts, lunches & Friday snacks to our students each & every day. This program is largely supported by donations from the community. Rieley & Kim Kay of Lacombe's Cilantro & Chive have made some incredibly generous donations for our program, both personally and through their business.



Some of the items include: cases of containers, mason jars, lids, cups, straws & utensils, trays for carrying food items, cases of individual peanut butters, jams, butters & syrups, a toaster, a stand mixer, frozen fruit and \$500 in grocery cards! WOW! Our buckets (& the students' bellies) are so full! Thank you so very much Rieley & Kim for your incredible support of our nutrition

program!



Mental Health Awareness Month

During the month of May we will be using the "SMILE" acronym to bring awareness to mental health!

S = Self Care

M = Modeling

I = Ideal Lifestyle

LE = Learn



May 5th - Hats On for Mental Health!

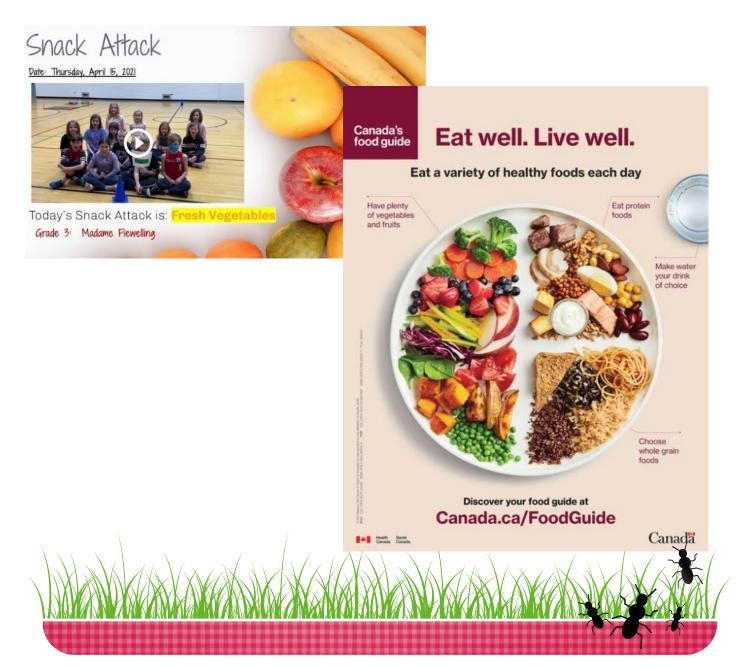
Check with your classroom teacher for more details on the other activities happening within each class!



Healthy Schools Fun!



Our school is currently participating in a SNACK ATTACK!
So far, students have learned about all of the Canada Food
Guide food groups and have tallied how many of each food
group items were in each classroom's morning snacks.
It has been an engaging and informative way to learn about all
of the food groups!



Big Brothers Big Sisters - Walk for Kids' Sake



Lace up for the most important fundraising event of our year and you could start something big.

Every dollar you raise helps match kids with a mentor. Research shows that children who have been mentored have higher self-esteem and are more likely to stay in school - empowering them to succeed, give back and realize their true potential.

Ignite something at:

www.bbbswalkforkids.com

The Walk for Kids' Sake event will be held within each school, with their individual classrooms. The teachers will be taking the students on a walk, around the school yard or out in the community, following a course map. There will be unmanned activity stations on the course with fun activities for each class to complete. This is not a timed event, just fun for all the students and teachers to participate in and raise funds for Big Brothers Big Sisters programs.

Our Walk for Kids;' Sake Event will be on June 7th & 8th.





Swifty's Snippets

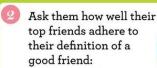
5 Ways to Teach Your Child Trustworthiness

Trustworthiness: A Powerful Word!



Ask them to define friendship:

What words come to mind when you think of a good friend? Use these words to create a personal definition of friendship.



So if their words are "encouraging, trustworthy and fun," how (and how well) do the people they deem "great friends" show these qualities?





Determine if time together is toxic or beneficial:

When your children are with their top friends, does the experience leave them feeling valued and good or frustrated and deflated?



Encourage discussion:

If you children notice a negative pattern with a certain friend, encourage your children to talk, with kindness and candor, with the friend in question.



Teach that it's OK to let go:

Sometimes, friendships aren't meant to be. When a peer consistently shows him/herself as a bad friend, it may be time to cut ties. Teach your child that it can be difficult but healthy to let go.



For more powerful parenting tips, visit DrRobynSilverman.com

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How to teach your children RESPECT

By Dr. Robyn Silverman Young students: "I treat you and me like we matter!"

Older students/teens/adults: The ability to see and celebrate the value in ourselves and others (and behave accordingly)



T g

Teach them the powerful greeting.

Some children have never been taught how to greet adults and children in a respectful way. Be sure to teach them the proper eye contact and gesturing consistent with respectful interactions in your culture



Children need to practice social skills.

Bring your children to new places where
they can practice meeting new people
and interacting with them respectfully.



Provide respect-based rules:

Discuss rules for interacting with others both online and in person. What kinds of manners do you expect? When your children are playing with friends, what specific actions do you want to see? When your teens are online, how do you want them to behave? The more specific you are, the more likely they are to understand the rules.





For more powerful parenting tips, visit:

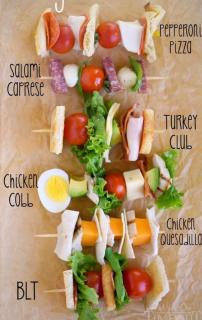
DrRobynSilverman.com

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6 Easy Lunch Kabobs





Around the Community

May 2021

Lacombe and Area FRN

#4 4725, 49B Ave. Phone: 403.877.9469 Lacombe, AB Email: heather.darnell@mcmancentral.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	Anger: How to Cope for TEENS 7-8	4 Baby Buddies 10:30-11:30 Park N Play- Clive 1-2:30	5 Preschool Pals 10-11 Park N Play- Bentley 1-2:30	6 Moms Matter 1-2:30 Transitions 8-9:30	7 Park N Play-Alix 12:30-2	8 Ignite 1-2:30 BIG LIFE JOURNAL
9 MOTHERS DAY!!	10 Park N Play- Blackfalds 10:30-12 Anger: How to Cope for TEENS 7-8	11 Baby Buddies 10:30-11:30	12 Preschool Pals 10-11	13 All Booked Up 1-2:30	14 Park N Play- Lacombe 10:30-12	15
16	17 Family Law 7-9	18 Baby Buddies 10:30-11:30 Park N Play- Clive 1-2:30	19 Preschool Pals 10-11 Park N Play- Bentley 1-2:30	20 Moms Matter 1-2:30	21 Park N Play-Alix 12:30-2	22 Impact 1-2:30 BIG LIFE JOURNAL
23	VICTORIA DAY!! (office closed)	25 Baby Buddies 10:30-11:30	26 Preschool Pals 10-11	27 All Booked Up 1-2:30	28 Park N Play- Lacombe 10:30-12	29
30	31					





May 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Hot Lunch - Panago Pizza	6	7	8
9	10	11	12	13 Hot Lunch - Extreme Pita	14	15
16	17 Panago Pizza Family Pizza Night!	18	19 Hot Lunch - Subway	20 21-22 Classroom Requests Due	21 PD Day	22
23	24 Victoria Day - No School	25	26	27 Snack - Booster Juice & Council Mtg	28	29
30	31					

What is coming up?

June 4 - PD Day

June 7 & 8 - BBBS Walk for

Kids Sake

June 16 - Mismatch Day!

June 25 - Last Day of Classes



may the sun

may the moon

softly restore you by night,

may the rain

may the breeze

blow new strength into your being.

may you walk

gently through the world and know its beauty all the days of your life.

-apache blessing-