École J.S. McCormick DECEMBER NEWSLETTER

"Pajama Day" December 22nd

Dress in your PJ's for the last day before Christmas break!

A reminder that morning outdoor recess supervision begins at 8:20am. Students should arrive at school no sooner than that and should remain outside to play until the first bell rings at 8:35am.

Thank you for your cooperation!

IMPORTANT NOTICE:

Should your child test positive for COVID-19; please inform the school ASAP. AHS notice can take a long time and the school needs to know of any positive student cases as soon as possible.

2020



Month At A Glance

December 11: PD Day

December 22:
Pajama Day!
Last day of classes

Christmas Break
Dec 23-Jan 5

Home-Based Learning: January 6, 7 & 8

In-School Classes
Resume:

January 11

School Council Update

Winter Break Update:

The generalized date announced by the government for learning at home was approximately December 18th, dependent on each school division's existing winter break schedules. Following the WCPS 2020-2021 Approved Calendar, JSM students will attend school through to December 22 as originally planned.

In January, there will be three days of learning at home.

If requested, teachers will provide work for students to
do that will not rely on families having access to
computers or the internet.

Poinsettia Sales from Blue Grass Nursery

Thank you to those who purchased a poinsettia! It was a great success!

Vouchers are being sent home Friday,

Dec 4th for those who purchased to take in to Blue Grass for pick-up.

Unfortunately, our popular White Elephant Sale has been cancelled for this year.



Coach's Corner



More than ever, it is so important that we take time to intentionally invest in conversations with others, to reach out and ask "How are you actually doing?" and "How can I help?"

When you are intentional you choose to make decisions and take action on what's really important to you...

You intentionally set an intention to achieve a specific outcome or result in the future.

I hope that you find creative ways of connecting intentionally with others during this Christmas season. I also hope that you find rest and peace in the midst of the crazy, and opportunities to get outside and explore the beautiful outdoors with your family!

TOP 5 Outdoor Activities to do with your Family:

- 1. Winter trail walk
- 2. Build a snowman/snow-fort
- 3. Sledding
- 4. Skating
- 5. Hot dog roast over an open fire

Melissa Rogers - Athletic Director



EJSM Nutrition Fridays

Welcome to Friday Nutrition!

On Fridays at EJSMS, we are delivering, for every student, a healthy wholesome snack to classrooms.

Every Friday morning, four classrooms will be receiving some yummy, whole food treats. So far, we have offered smoothies, pinwheels, vegetables and mini sandwiches. All classrooms will be visited and the students will be invited to try some new, healthy snack options from our program!

Fun Recipes to Try!

Smoothies

3 cups milk
1 cup greek yogurt
2 cups frozen mixed fruit
1 banana
½ cup low sugar juice
Mix together in blender &
serve!

Mini Sandwiches

Lean Ham Cheddar Cheese OR Jam

Egg Bakes

12 eggs Chopped ham or bacon Shredded Cheese Mix 12 eggs with a little milk, salt and pepper. Divide into 12 muffin tins Sprinkle chopped ham and shredded cheese onto each egg Bake at 350 for 20 minutes. Can substitute/and or add chopped broccoli, feta cheese, or other veggies. Can be premade and frozen.

Pinwheels

Wraps
Cream Cheese
Lean ham
Shredded Cheddar
Cheese
Grated Carrots
In a large wrap spread
cream cheese, add 3
slices of ham, sprinkle
cheese and roll. Cut
wraps into 6 pieces.

Developing Literacy

In the Class We Are..

- Developing our reading stamina, and practicing our decoding strategies. We continue to work
 on 'look at the picture' for clues, 'look at the first letter' and 'look for chunks' and have
 been emphasizing the strategy 'check the vowels'. We will soon be learning new strategies
 such as skip the word 4 read on', 'reread the sentence' and 'guess the word' to build our
 strategy toolbox as we encounter unfamiliar words.
- Developing our comprehension skills so that we can read for understanding. We know that
 good readers make predictions as they read so we often stop during our story time to think
 about what has happened in the story so far, and share our ideas about what may be
 happening next. We continue to practice identifying the main characters, the setting, the
 problem, and the solution in our shared stories. These are important skills for comprehension.
- Expanding our vocabulary. According to ReadingRockets.org, "Beginning readers must use the
 words they hear orally to make sense of the words they see in print." They emphasize that
 "vocabulary is key to reading comprehension. Readers cannot understand what they are
 reading without knowing what most of the words mean."

At Home You Can...

Set aside time to share reading experiences with your child.

 Support them with their home reading books (see reverse for details about home reading program).

 Encourage family members to put away devices, power down the tv, gaming system and computers and have rich conversations about your day, upcoming family activities, recent shared events, stories about your childhood.

Take the opportunity during driving time to chat with your child

"Kids who hear more words spoken at home learn more words and enter school with better vocabularies. This larger vocabulary pays off exponentially as a child progresses through school." (readingrockets.org)

We LOVE Literacy!

Storytime Strategies for Younger Children

(adapted from Alberta Health Services, The Story Box)

Read books your child chooses.

Use a variety of voices to represent different characters!

Use exaggerated facial expressions!

Read repetitive parts of the story faster, read slowly for important or dramatic parts!

Be creative with stories.

- · Change the words or events sometimes.
- · Let your child make up a new ending.

Try not to ask "What's this?" and drill your child for answers. Instead, ask questions that have room for more conversation, like:

- "What's happening in this picture?" or "Tell me about this page."
- "What do you like about this page?"
- · "How do you think 'character' feels about that?"

Act stories out using props and costumes.

- · Older children love to act stories out!
- · Younger children can hold onto a prop related to the story for their part.

How to nurture a child's mental health











Aodel healthy





























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Six Pre-Reading Skills

(for children from birth through 5 years)

Print Motivation

Being excited about and interested in books

What can you do?

Make sure book sharing time is fun.

For children with short attention spans, keep it short, but read more often. Don't get upset when they put books in their mouths.

Read books you enjoy.

Choose books about things that interest the child.

Read with a natural, but cheerful voice.

Understanding that print on a page represents words that are spoken, knowing how to follow words on a page, and knowing how to hold a book.

Allow children to handle the book and turn pages.

Use your finger to point out words as you move across the page.

Pointing out signs in your environment.

Read books with large bold print.

Introduce the cover and talk about the author and illustrator.

Phonological Awareness

Understanding that words are made up of smaller sounds. Hearing and playing with smaller sounds in words. Phonological Awareness comes before phonics

Encourage your baby to babble, changing the beginning sounds. Sing songs. Clap along with the song. Use rhythm sticks and shakers. Do action rhymes.

Learn nursery rhymes. For older children, substitute a non-rhyming word in place of the rhyming word and see if they notice the difference. Read books with rhyming texts.

Play "Say it fast; say it slow." Butterfly Butt er fly Turtle Tur tle

Knowing the names of things, feelings, concepts, and ideas. Knowing the meaning of words and connecting words to objects, events, or concepts in the world.

Any book will help with this, but choosing ones with words not used in daily conversation and nonfiction books are especially helpful. Label things.

Narrative Skills

Being able to describe things and events. Being able to tell and understand stories.

Talk with children about what you are doing. Ask them "What?" or other open-ended questions that cannot be answered with a simple "Yes" or "No." Ask, "What happens next?"

Allow young children time to respond. Be patient.

Tell stories.

Encourage pretend play.

Let them help you tell flannel board stories.

Read stories with a beginning, middle, and end.

Letter Knowledge

Understanding that letters are different from each other. Recognizing letters and knowing that they have different names and sounds.

What can you do?

Let babies play with shapes.

Allow children to handle letter shapes.

Learn the alphabet song.

Read alphabet books and books about shapes.

Books where you have to find things.

Help your child identify the first letter in his/her name. Then find that letter in books, on signs, and other things in the environment.

Based on Every Child Ready to Read @your library.









WCPS Lice Policy

Administrative Procedure 318

PEDICULOSIS (LICE)

Background

The Division recognizes the concern represented by the transmission of pediculosis in schools and therefore encourages close communication between school staff, parents and public health nurses regarding the detection and resolution of instances of pediculosis. Care will be taken to protect the individual from undue invasion of privacy.

Procedures

- 1. School staff shall work with public health authorities, School Councils and the Occupational Health and Safety Coordinator to describe and then communicate to parents both preventative and remedial procedures for dealing with instances of pediculosis. The Appendices to this procedure are recommended as references.
- 2. Parents of infected students are to be requested to pick up students from school as soon as possible for treatment.
 - 3. Students may be permitted to return to school after they have undergone a recommended course of treatment.
 - 4. If there are ongoing concerns about particular cases not responding or being compliant with therapy, then the Principal or designate shall inform the Public Health Authority of these concerns.

Reference: Education Act Section 11, 33, 52, 53, 196, 197, 222

Public Health Act

Adopted: May 2017

Reviewed/Revised: July 2018, September 2019



Around the School

Miss Kim, our Family School Liaison Worker, has gathered some amazing resources for you to access at home!

Check out her page on our website:

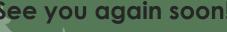
Teacher's Website Links > Miss Kim's Connections

to view some wonderful information geared towards our students and their families! Be sure to visit her page regularly for updates & new resources!

On a personal note... as the author of the EJSMS Newsletters, I would like to take the opportunity to write a quick farewell to our students & families as I welcome my first baby's arrival over the Christmas break. I will



miss seeing the students & connecting with families from my desk everyday; I look forward to virtual visits with baby while on maternity leave! May 2021 find you all happy & healthy! See you again soon!





Swifty's Snippets

The 5 Love Languages in Parenting



For each child







Image by How Do You Do It? hdydi.com





Derived from The 5 Love Languages: The Secret to Love that Lasts by Gary Chapman Physical Touch http://www.Slovelanguages.com

Parenting Tips

Lunch Ideas



10 Healthy Holiday Treats FOR THE CLASSROOM!











Literacy

THAT WAS

When I learned to read...

Good reading included reading quickly, sounding fluent, and getting through the passage fast to get to the questions at the

Students read passages selected from the textbook and the occasional novel/chapter book.

The whole class read the same texts all at the same pace.

Long bouts of silent reading time included students staring into a book and remaining quiet while reading and thinking alone.

Students didn't know to track their thoughts. They simply looked at every word to get done.

Tests given after reading check that students can recall simple details from the passage. Answers to those questions are found literally within the text.

their thoughts before, during, and after read-

Tests given after reading assess for more than literal comprehension, but deep understanding. Students are asked to draw conclusions. formulate opinions, and make inferences that are not literally obvious in the text.

When my child learns to read...

Good reading is a combination of goodsounding reading (fluency) and thinking about what the author's words are meaning.

Students read a variety of texts, including the textbook, novels/chapter books, digital text (websites, iPads, etc.), real-world text (newspapers, magazines, etc.), and more.

Students read leveled texts at an appropriate for pace and often within small groups, with the teacher nearby for support.

Short spurts of silent reading occur in between times of discussion with peers. Students share the thoughts their having about the reading.

Students are aware of their thinking and track

Christmas Fun!



EXPERIENCE GIFT IDEAS

by BIG LIFE JOURNAL

- 1. Helicopter rides
- 2. Wilderness/nature living skills programs
- 3. Cooking club memberships
- 4. Museum memberships or day passes
- 5. Tickets to an unusual museum
- 6. Zoo and botanical garden memberships
- 7. Waterpark passes
- 8. Amusement and attraction tickets
- 9. Movie passes
- 10. Air BnB gift card or hotel stays
- 11. Factory tour passes
- 12. Virtual reality game center passes
- 13. Symphony subscriptions
- 14. Concert venue subscriptions
- 15. Children's or community theatre subscriptions
- 16. Tickets to a sporting event
- 17. National Trust (UK)/National Parks Service (US) membership
- 18. Movie Night kit
- 19. Creative writing classes
- 20. Cooking classes
- 21. Group music lessons
- 22. School of Rock passes
- 23. Theatre classes
- 24. Visual art classes
- 25. Pottery or sculpture classes









- 26. Archery classes
- 27. Dance lessons
- 28. Outdoor wilderness and nature survival courses
- 29. Climbing gyms passes
- 30. Trampoline plag zone passes
- 31. Horseback riding lessons
- 32. Tree and rope climbing adventures
- 33. Sports camps
- 34. Skiling seasonal passes
- 35. Ninja Warrior gym passes
- 36. Indoor skydiving passes
- 37. Yoga classes
- 38. Mini-golf passes
- 39. Ice-skating, roller skating, or skateboarding lessons
- 40. Magazine subscriptions
- 41. Mail Order Mystery
- 42. Park district offerings
- 43. Voucher booklet
- 44. Treasure hunt.
- 45. Gardening kits
- 46. Game night kit.
- 47. Swim Jessons
- 48. Aquarium passes
- 49. Concert tickets
- 50. Camping supplies/camping trip





Presents

are great but love is better.

Mariah, age 8

I think I saw Santa and he looks just like

Dad.

Chasen, Age 5









December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11 PD DAY	12
13	14	15	16	17	18	19
20	21	22 Pajama Day!	23	24 Christmas E	25 Freak	26
27	28 Chris	29 Imas Break	30	31		



Wishing you & yours a most wonderful holiday season, and a fabulous

New Year!

What is coming up?

Jan 6, 7 & 8:

Home-Based Learning

Jan 11: In-School Classes

Jan 15: PD Day

Jan 29: Favorite Book

Character Day!

Jan 28: School Council Mtg