



November Newsletter 2020

They say time flies when you're having fun... we must be having plenty of fun as we have flown right into November! As the last of the leaves fall, we settle into another new month with lots of new activities here at EJSMS.

Remembrance Day

In Flanders fields the poppies blow

Between the crosses, row on row...



Month at a Glance

Nov 9th-13th: Fall Break - No School

Nov 11th: Remembrance Day

Nov 19th: Photo Retakes

Nov 23rd-25th: Portfolio Walks (Virtual/Phone Calls)

Nov 26th: Crazy Hair Day

Nov 27th: PD Day - No School



COVID-19 : AHS Update Nov 2020

November 2020

COVID-19: STAY AT HOME GUIDE WHEN DO I KEEP MY CHILD HOME?



Wolf Creek Public Schools
We inspire success, confidence and resilience in every student

BEFORE LEAVING HOME: COMPLETE A DAILY SELF-HEALTH ASSESSMENT

Daily self-screening form available on your school website.

My child is sick. How long do they need to stay home?

CORE COVID-19 SYMPTOMS

- **Fever** (38 °C or higher)
- **Cough** (continuous, more than usual)
- **Shortness of breath/ difficulty breathing** (continuous, out of breath, unable to breathe deeply)
- **Loss of sense of smell or taste**

THIS IS MY CHILD. NOW WHAT?

If your child has one or more of the Four "Core" COVID-19 Symptoms, they must do one of the following before they will be allowed to return to school.

1. Stay home and isolate for a minimum of 10 days from when symptoms began.

Isolation requirements are set by the Alberta Government. More information on isolation requirements are available at: www.alberta.ca/isolation.aspx

2. A student can return before 10 days ONLY if they receive a negative COVID-19 test result, AND symptoms are gone, AND they are not a close contact of someone with COVID-19.

Please Note: Siblings of a child with symptoms can still attend school, unless they too have symptoms, or are a close contact of someone with COVID-19.

How do I book a test?

Parents can fill out the COVID-19 AHS Online Self-Assessment Tool at: <https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx> or call Health Link 811.

What if my child tests positive for COVID-19?

AHS will contact you with your child's test results.

If positive for COVID-19, your child will have to isolate for a minimum of 10 days from the start of symptoms or until they resolve, whichever is longer.

Close contacts of confirmed cases (siblings, parents/guardians) are legally required to isolate for 14 days and monitor for symptoms.

AHS works with the school and Division on contact tracing. Continued learning will be supported for students in self-isolation.

OTHER COVID-19 SYMPTOMS

- **chills** (without fever, not related to being outside in cold weather),
- **sore throat/painful swallowing,**
- **runny nose/congestion,**
- **feeling unwell/fatigued, lack of energy,**
- **nausea, vomiting and/or diarrhea,**
- **unexplained loss of appetite,**
- **muscle or joint aches,**
- **headache,**
- **conjunctivitis** (commonly known as pink eye)

THIS IS MY CHILD. NOW WHAT?

If your child has ONE of the above "other" symptoms, they can return to school if they are feeling better, as long as it has been at least 24 hours.

Testing is not needed if they only have one of the above "other" symptoms, and it improves after 24 hours.

If they are not getting better, if they get worse or develop another symptom, keep your child home until symptom(s) resolve, use the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended.

If a child has TWO or MORE of the above "other" symptoms:

- Keep your child home.
- Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

What if my child has traveled outside of Canada in the last 14 days?

When entering or returning to Alberta from outside Canada, individuals are legally required to quarantine for 14 days unless enrolled in the Alberta COVID-19 International Border Pilot Project. More info at: www.alberta.ca/international-border-pilot-project.aspx

What if they had close contact with a case of COVID-19 in the last 14 days?

The child is required to quarantine for 14 days from the last day of exposure.

More information at: www.wolfcreek.ab.ca/covid-19

For more information on the Government of Alberta COVID-19 measures: www.alberta.ca/covid19

School Council Update

OUR SCHOOL COUNCIL IS COMMITTED TO ENRICHING OUR CHILDREN'S EDUCATIONAL COMMUNITY AND MAINTAINING THEIR ENTHUSIASM AS LIFE-LONG LEARNERS.

School Council Meetings

School Council meets on the last Thursday of the month at 7:15pm via online Google Meets. The meeting link will be shared on our Facebook page the morning of the monthly meeting.

All parents are welcome!

Come to one meeting or all, we would love to see you there!

Facebook

Stay connected and up to date on School Council news at "École James S. McCormick School Parents". We update this page frequently!

UPCOMING FUNDRAISER!

Watch for exciting new details coming soon regarding a new fundraiser for school council initiatives; Poinsettia sales from Blue Grass Gardens - just in time for Christmas!



Join Us!

**The next School Council Meeting is scheduled for
Thursday, November 26th @ 7:15pm via Google Meets.**

**Please watch our Facebook page for the meeting link to be posted
The morning of the meeting.**

All meeting minutes are posted on our school website under School Council.

School News & Updates

A reminder to parents & guardians to please LABEL all items of student clothing.

As we head into cooler temperatures with more layers; please ensure ALL clothing items are labelled.

We are unable to house a lost & found bin this year so any left items are removed from the building. Thank you!

Please remember to pack spoons or forks in your child's lunch kit if required for their meal or snack!

Thank you for helping us reduce disposable waste!

Did you know EJSMS has an Instagram account?!

Check it out!

swiftyfriends



Smart Photography

- ♦ Visit **smartorder.ca** to view your child's photo proofs & place an order! Images are due to be uploaded by the evening of November 3rd.
- ♦ On photography day, your student was given an information sheet with their online access code. If you need to retrieve your child's code, please contact Smart Photography via email: **info@smartphotography.ca** OR call: **780-944-0800**
- ♦ Place your order before the ship-to-school deadline to have your photos sent to the school at no cost! After the deadline, you can still access your photos and place an order to be shipped directly to your home.

RETAKES - November 19th; please return your paper form with student's name & access code to school on this date if you'd like retakes taken.



New Achievement Indicators for Reporting Progress

A = Achieving

Students who can demonstrate understanding of the curricular outcomes at grade level for the time of year are said to be achieving the teacher's and provincial government's expectations. If students are performing beyond grade level expectations, teacher comments should indicate that the child is excelling and there should be some indication as to what is being done to further challenge the child.

D = Developing

This is when a student has not yet mastered a skill or concept, but is able to perform with some support and guidance. The student's skills and understanding are progressing, but full understanding has not yet been demonstrated, and continued support and practice is required to achieve grade level expectations. Teacher comments should indicate what support is in place.

E = Emerging

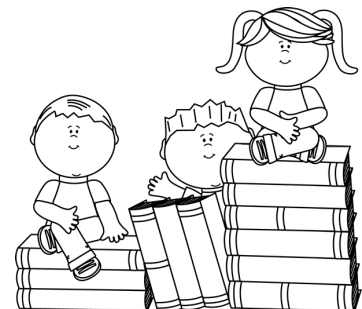
The student's skill and understanding are at an early stage of development - most likely due to the child's developmental readiness. The student is expected to progress with continued exposure, practice, and developmental maturity toward grade level expectations over time. Teacher comments should indicate what is being done to support student growth.

IPP

Individualized Program Plan: This is created when a student has a learning program designed to address goals and outcomes that are outside the typical expectations for the grade level. These expectations can relate to academic, emotional, social, and/or behavioral goals. Guardians are always involved in the creation of an IPP.

LSP

Learning Support Plan: Many students have accommodations to help them along the way to achieving success with their goals. Their learning is supported by some scaffolding, so to speak, which may be gradually removed over time as students grow, develop, and achieve goals.



Making Music *with Mrs. G*

What a wonderful first few months it has been in music class! The students have done an excellent job adapting to all the changes, staying on their dot spots, using their 'talking' voices instead of singing voices (sadly), sanitizing before class and waiting so patiently on their parking spots for their turn in the music room. Just to add to the restrictions I managed to break my wrist, making piano playing and clapping a pain (literally)! But the students continue to amaze me with their kindness and resilience and we are making beautiful music memories!

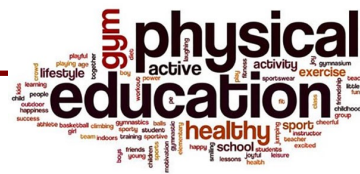
Most grades have already received their individual rhythm kits that we are using in place of our classroom instruments. The kits are stored in their homeroom and brought to music when needed.

I wanted to take the opportunity to say *thank you* to Riley Kay and Moes' Pizza for their donation of plastic cups for our rhythm kits. The grade 2 and 3 students have used the cups already and they have been rocking out some cool rhythms!



Remembrance Day 2020- even though the students cannot sing, the grade 3 students are still preparing a piece for Remembrance Day. They have been learning the words and sign language for the song "One Small Voice" by Jack Hartman. My goal is to video each class and share the videos with each individual class.

Coach's Corner with Mrs. Rogers



5 HABITS TO FILL YOUR JOY TANK!

1. Be Grateful - take a moment to make a list of all that you are thankful for. Share what you are thankful for at your dinner table each night!
2. Pay it Forward - write an encouraging note, bake some treats, or buy a warm drink for someone!
3. Exercise - get a routine in place that works for you, and stick to it!
4. Sleep - give your body the sleep it needs to regenerate your energy!
5. Self-care - take time for yourself... you can't give to others if you have nothing left to give.



New Wolf Creek Communications Protocol Admin Procedure 152

Wolf Creek School Division has a new communication protocol that impacts communication in all Schools. Below are a few of the highlights to note about this protocol. To read the entire Admin Procedure you can find it on the WCPS homepage.

Here are some of the highlights:

1. Communication is a two way street between staff and home that creates and fosters strong positive relationships.
 2. The “new” protocols aim to manage and improve school-home communication by offering a guide to tools, timing and work-life balance.
 3. Social media can be a powerful tool for communication and is great for sharing news, sending key date reminders, directing people to resources, etc. but it does not work well for discussing personal and confidential issues, or engaging in dialogue.
 4. If parents have concerns or questions they are encouraged to use the following process:
 - Speak to the Classroom Teacher: Seek resolution through discussions with the classroom teacher.
 - Speak to the School Principal: If resolution cannot be reached with the classroom teacher, discuss the matter with the school principal.
 - Speak to Central Office: If resolution cannot be reached with the principal, bring the concern forward for discussion with the appropriate Board personnel.
 5. All communication MUST be respectful and all parties shall be treated with dignity.
 6. To promote a positive and healthy work-life balance electronic communication will adhere to the “**Weekday 7 to 7 Rule**”. Which means:
 - All electronic communication should be scheduled for delivery between 7 a.m. and 7 p.m. on regular weekdays only (excepting emergencies). There is an expectation that no electronic communication occurs on the weekend unless there is an emergency. It is recognized that attending to work-related tasks may occur outside of the 7:00 a.m. and 7:00 p.m. hours due to how each staff member attends to their duties.
 - Responses should be as timely as possible in the circumstances respecting the 7 to 7 rule.
 - Staff may continue to conduct direct communication (telephone calls, online conference calls, or in person meetings) on weekdays and at times convenient for both staff and families.
-

Student Accident Insurance

The Board of Trustees of Wolf Creek School Division provides Student Accident Insurance for all of our students during school days and for school activities. The policy details the specifics of the insurance. The following is a list of the coverage areas.

Accidental Death Benefit
 Accidental Dental Reimbursement Benefit
 Artificial Limbs, Eyes, Hearing Aids, and Other Prosthetic Appliances Benefits
 Confinement Disability Benefit
 Counselling Benefit
 Critical Illness Benefit
 Dentures and Artificial Teeth Benefit
 Dismemberment and Specific Loss Indemnity
 Emergency Out of Province /Country Accident Benefit
 Emergency Transportation Benefit
 Eyeglasses and contact Lenses
 Fracture, Dislocation, Tendon Severance and Miscellaneous Indemnity
 Hospital and Paramedical Reimbursement Benefit
 Permanent Total Disability
 Private Tuition Expense
 Rehabilitation Benefit
 Repatriation Benefit
 Special Treatment Travel Benefit
 Limited Air Travel Coverage

In regards to claim forms, parents can visit <https://www.solutionsinsurance.com/client-centre>. This coverage is a reimbursement plan whereby the parent pays for the expense and submits the claim to recover the benefit outlined in the policy detail.

Claims

Parents with other insurance (employer benefits, etc) must submit claims to the other insurance carrier(s) first.

The Blanket Student Accident claim form is available online: <https://www.solutionsinsurance.com/client-centre>

The nature of the claim will determine what (if any) additional forms must be completed. iA Financial Group reserves the right to request additional information when processing the claim.

Original receipts must be attached for eligible expenses being claimed, except in the case where they were already submitted to another insurance carrier. In those instances the explanation of benefits from the other insurer must be submitted along with the iA Financial Group claim form.

Written notice of claim is to be given to iA Financial Group within a period of 30 days from the date of the accident. Completed claim forms must be filed with iA Financial Group within 90 days after the date of the injury and no later than one year regardless of whether the full extent of loss is known.

For assistance with submitting a claim or to obtain claim status, parents may contact iA Financial Group at (800) 266-5667.

If parents should wish to purchase individual additional insurance that extends beyond the limits indicated in this policy they may visit <https://solutionsinsurance.com/mercer> to look into 24 hour coverage.

WCPS Inclement Weather Policy

Wolf Creek Public Schools
Creating Success For All Learners

Quick Facts

AP 132: Closure of Schools Due to Inclement Weather

What is AP 132?



- It guides decisions for school closure, due to inclement weather.
- With safety of students as the primary concern, the Superintendent and Transportation Manager make a joint decision, between 5:30 a.m. and 6:00 a.m., on school closure and cancelling buses.
- AP 132 has been followed for decades, and is applied consistently, using Environment Canada conditions, and a network of contacts.

When are buses cancelled & schools closed?



To ensure safety, AP 132 provides the following guidelines:

Note: Cancelling buses for a full day automatically closes affected school(s) for all students.

- Ambient air temperature -40°C = bus cancellation.
- Air Temp between -30°C and -40°C AND wind chill factors in excess of -40°C = possible bus cancellation.
- Dangerous road conditions and/or poor visibility = bus cancellation.
- Buses may be cancelled, and schools remain open if conditions (such as fog or freezing rain) are expected to improve. Buses would then run in the afternoon to transport students home.

Did you know?

WCPS schools have only been closed an average of **2.5 days per year** over the past 8 years, due to inclement weather.

Year	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015	2015-2016	2016-2017	2017-2018
Days Closed	6	4	0	3.5	1	1	1	4

Why are schools closed when buses are cancelled?

To ensure safety, AP 132 provides the following guidelines:

- If there are extreme weather conditions to the degree that WCPS will not run buses, we also believe conditions are not safe for students to be traveling to school, and will close schools accordingly to ensure safety.
- WCPS' mandate is to provide a safe and caring school division. Closing schools on these days ensures we are doing everything possible to keep students safe.
- Despite many urban schools having fewer bus students, many feeder bus routes travel from rural areas to urban schools.
- Not feasible to close one school and leave others in the same community open, as weather impacts a region, and families could have students in more than one school.
- We have seen tragic consequences when drivers venture on dangerous roads, including in an Alberta school division in 2018, with a fatality of a teen driving to school.
- Safety must remain a priority.

Did you know?

❄ WCPS bus more than 4,100 students, 57% of our student population, over a total distance of more than 40,000 km per year.

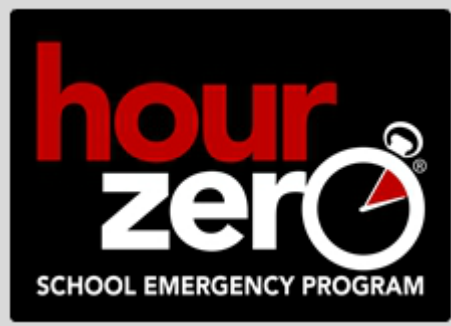
❄ WCPS staff still attend their school sites, unless deemed unsafe to do so.

❄ WCPS plans for more than the required instructional hours to buffer in case of school closures.

We know:

Finding childcare is challenging, and we truly appreciate parents making arrangements.

Emergency Preparedness: Hour Zero



At ÉJSMS, we promote a culture of safety and awareness, so students know what to do to remain safe at all times. These are some of the safety drills our staff led students through since the start of the school year. Below is a brief description of what the drills are called, and what their purpose is:

Hold and Secure

In essence, Hold and Secure is exactly what it says - holding people inside and securing the building until given the All-Clear to let them leave or allow others in.

Hold and Secure provides...

schools with a tool to help prevent an outside situation from impacting the safety of students and staff, and the security of the school, while still allowing the school to continue educational programming.

Evacuation

Emergency evacuations are used to rapidly move student and staff away from a hazard or threat.

A critical step in preparing for emergency evacuations is establishing primary and secondary exit routes.

Evacuations are used

when it is **safer to be out of the building** than in.

This could include incidents such as: fire, explosion, earthquake aftermath or even part of a controlled release following a Lock-Down situation.

Lock-Down

Lock-Downs are used to protect the safety of individuals during a **THREAT OF VIOLENCE**, where the threat is inside the building or on campus and when it may be more dangerous to evacuate the building than to stay inside.

Purpose of a Lock-Down is to...

- protect the safety of the maximum number of people
- conceal identity and whereabouts of particular individual at a site, e.g., a student or a staff member
- prepare for arrival of police

Community Events



Lacombe and Area - Family Resource Network Programs November 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
'Like' and 'Follow' our Facebook page for daily program updates: LacombeFRN						
1	***Moms Matter Alix 10-11:30 Kids Have Stress Too-for Parents Blackfalds 7-9	3 Baby Buddies Lacombe 10-11:30 Infant Massage Lacombe 1-3 Family Law Info. Session Lacombe 7-9	4 Preschool Pals-1 Blackfalds 10-11:30	5 ***Atlas Clive 7-9	6 Moms Matter Bentley 10-11:30 Ignite Bentley 3:30-5	7
8	9 Preschool Pals-1 Blackfalds 10-11:30 Kids Have Stress Too-for Parents Blackfalds 7-9	10 Preschool Pals Lacombe 10-11:30 Ignite Lacombe 3:30-5	11 	12 Art Attack Blackfalds 1-3	13 Preschool Pals Bentley 10-11:30	14
15	16 ***Moms Matter Alix 10-11:30 Kids Have Stress Too-for Parents Blackfalds 7-9	17 Baby Buddies Lacombe 10-11:30	18 Preschool Pals-2 Blackfalds 10-11:30	19 ***Ignite Clive 3:30-5 ***Impact Clive 6-8	20 Baby Buddies Bentley 10-11:30	21 DAD & ME Lacombe 10-12
22	23 Preschool Pals-2 Blackfalds 10-11:30	24 Preschool Pals Lacombe 10-11:30 Impact Lacombe 6-8	25 Baby Buddies Blackfalds 10-11:30	26 Kids Have Stress Too 0-6 Lacombe 10-11:30	27 Preschool Pals Bentley 10-11:30 Art Attack Bentley 1-3	28
29	30 ***Moms Matter Alix 10-11:30			Lacombe and Area Family Resource Network #4-4725 49B Ave. Lacombe, AB 1.877.994.5465 or 403.896.3408 karen.white@mcmancentral.ca www.mcmancentral.ca Facebook: LacombeFRN		





LACOMBE
PERFORMING
ARTS CENTRE

&



COW PATTI
professional comedy dinner theatre

Youth Theatre 2020

CAMILLA THE TRIPLE THREAT COW

Ages 7 - 17
\$375

Begins October 5
Runs Mondays and
Tuesdays

Public
Performances
begin
January 29



Enhance their
talents, learn
new skills, and
create, with
their peers, a
warm-hearted
comedy show!

Register today!

Contact 403-588-4386 or admin@lacombebepac.com




Literacy

Our reading strategy is

Sounding out and Chunking

When I see a word I do not know, I sound out the letters or parts of the word then put them together to say the word.



You can help me by:


- Reminding me to have a go at reading a word I don't know by sounding out.
- If it is a small word help me to sound out individual letters.
- If it is a bigger word help me to sound out by chunking a couple of letters together.
- If I am really stuck you can sound the word out for me and I will put it together afterwards.

Sounding out and chunking is an important skill for students to learn and we hope children will enjoy developing/refining this skill in school and at home so they can become better readers.

Our reading strategy is

Reading on

This is when I keep reading to work out the meaning of the text and predict unknown word.




You can help me by:

- Covering the word I am stuck on and encouraging me to read to the end of the sentence.
- Ask me what word would make sense in place of the tricky word.
- Ask me to retell what I have just read in my own words.


Reading on is an important skill for students to learn and we hope children will enjoy developing/refining this skill in school and at home so they can become better readers.

Helping your child to



When helping your child read at home, several strategies may be used to assist in working out unknown words.

- Tell your child to look at the picture.
- Tell your child to look for chunks in the word, such as it in sit, all in small or and and ing in standing.
- Ask your child to get their mouth ready to say the word by shaping their mouth for the beginning letter.
- Ask your child if the word looks like a word they already know. Does could look like should?
- Ask your child to go on and read to the end of the sentence. Often by reading the other words in context, they will be able to figure out the unknown word.
- If your child says the wrong word while reading, ask questions like:
 - Does it make sense?
 - Does it sound right?
 - Does it look right?



Parenting Tips

5 STRATEGIES DURING MELTDOWNS



DISCOVER STRATEGIES THAT PREVENT UNPLEASANT STATES OR INCREASE "JUST RIGHT" STATES.

"AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE."
- BEN FRANKLIN

"Sometimes, I realized in order to help

my child, the best way for me to settle down myself first. I will take a deep breath, calm my heart beat, calm my tone of voice, tell myself to ignore onlookers stares and comments, then move on to settle my child."

1. Lower your body so that your eyes are at or below the eye level of the child. The eye contact allows them to see and hear you better.
2. SPEAK IN SHORT SENTENCES. DON'T PREACH OR ASK A LOT OF QUESTIONS.
3. SLOW DOWN—YOUR RATE OF SPEECH, MOVEMENT AND WHAT YOU ARE TRYING TO CONVEY. IT WILL TAKE AS LONG AS IT TAKES.
4. Teach a relaxation strategy or tool—Putting your palms on the child's chest and saying, "it's alright" or handing your child the calming bottle.
5. LET THE CHILD TALK AND LISTEN. DON'T RUSH TO BE A "FIXER" AND PROVIDE SOLUTIONS.

Lunches



Zucchini Pizza Bites

TheFitHousewife.com



Back-to-School Lunch Ideas



veryculinary.com



YOU ARE LOVED.

You smile so much.

I think about you when we're all together.

I will do my best to keep you safe.

Sometimes I will say no. I know you can handle it.

You are creative.

Trust your instincts. Your ideas are special.

You are CAPABLE.

You can DO IT.

You are STRONG.

You can try so. Your choices matter.

You make a difference.

Your words are powerful.

Your actions are powerful.

Your courage pays for yourself. And you can still please your parents.

You are something and someone.

You are a good friend.

You are kind.

For that reason, I will never stop loving you. I will never stop loving you. I will never stop loving you.

You are important. Be an I.

You can thank your mind. You can learn from your mistakes. You can ask for help.

You are valuable.

You are interesting.

You are beautiful.

When you make a mistake, you are still beautiful.

I can notice when you THINK. How did you do that?

LOVE YOU

positive THINGS to SAY to kids

Shane Thompson CreativeWithKids.com

NOVEMBER 2020

Sun

Mon


Tue

Wed

Thu

Fri

Sat

1	2	3	4	5	6	7
8	9	10	11 	12	13	14
Fall Break - No School						
15	16	17	18	19 Photo Retakes 	20	21
22	23	24	25	26 Crazy Hair Day! 	27 PD DAY	28
29	30					

AUTUMN
crunching in the leaves
 CIDER AND DONUTS
 APPLE PICKING
 🌳🌳🌳🌳🌳🌳
 HOT CHOCOLATE
listening to the wind blow
 FOOTBALL
 wood smoke & leaf mold
 BRILLIANT COLORS



WHAT IS COMING UP?

December

December 11th: PD Day

December 22nd: Pajama Day!

December 23rd - January 5th:

Christmas Break