

École James S. McCormick School 2020-2021 SCHOOL RE-ENTRY PLAN

Information for Parents & Guardians



If you have questions about the school re-entry plan, please contact us at jsm@wolfcreek.ab.ca

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Message from the Superintendent and Board Chair

Parents, families and guardians,

On July 21, 2020 the Government of Alberta announced that students would return to in-person classes in September, at near-normal operations, with health measures in place. Following the provincial government's direction, Wolf Creek Public Schools (WCPS) is implementing the <u>Guidance for School Re-entry - Scenario 1</u> from Alberta Education and Dr. Hinshaw, the Chief Medical Officer of Health, for September 2020. Wherever possible, having children physically attend school is recommended and our teachers are eager to get back into the classroom and work with students. Parents should be reassured that our schools are meeting Alberta Health Services (AHS) guidelines in providing a safe environment for student learning. Dr. Hinshaw has stated the decision to allow in-school learning with public health measures in place weighs the risks of prolonged school closures on students' educational experience and overall well-being against the risk of COVID-19 outbreaks.

Student and staff safety remain our number one priority. To keep everyone as safe as possible, we have made a number of changes to school routines and practices. This school year will undoubtedly be different but by working together, being flexible and adaptable, and drawing on the trust and partnerships within our school communities, we enter this year with optimism and confidence.

It is possible that we may have to transition between scenarios during the school year. Health officials will work with school authorities to make the decision to transition all students to *partial* In-school Classes learning (Scenario 2) or Distance Education (Scenario 3) based on multiple factors including the number of COVID-19 cases in a zone or a school and the risk of ongoing transmission. Please note that changes may be made to this plan in response to changes directed by Alberta Education. The decision to transition to a different scenario will be made by Alberta Education, not Wolf Creek Public Schools.

In September, teachers will initially focus on the social and emotional needs of students and administering screening tools to identify gaps in student learning. Supporting students to be ready to learn is an important first step in school re-entry. Once teachers have identified gaps in student learning, they can plan their instruction to address these gaps prior to moving forward.

WCPS recognizes that each Wolf Creek family has unique needs and we are aware that not all families are comfortable with their child(ren) returning to in-school classes in September. While we will be offering in-school classes for students in September, an online learning option will be available through a shared responsibility model. Details on this option are included in this document. By providing options we remain committed to providing an educational program for all students that best supports the child through different program delivery choices in WCPS.

Thank you in advance for supporting your child and our school system to take all measures to protect one another. There is nothing more important to us than the safety and well-being of our staff and students.

Jayson Lovell Superintendent of Schools Pamela Hansen Board Chair

Lamula Harsen

Message from your Principal

Dear Parents/Guardians:

It is exciting for the staff members of École James S. McCormick School to think we will soon be back in school and with the children again! We have missed them and our JS families so very much. Even though it is going to look different, it fills our hearts knowing that school will soon be under way, and we will be connected with all of you again.

To be together again as safely as possible, the staff members, students, families, and community members will need to follow several new protocols, procedures, and routines. These new practices are in line with what the Government of Alberta and Wolf Creek Public Schools have outlined in their plans and expectations for school re-entry. As you read the following pages, you will find our plans are designed to minimize risks while recognizing that we are unable to eliminate risk in a school setting. The learning activities will continue and be adjusted to assist with maintaining healthy practices; we will be doing our best to balance physical health and safety with social/emotional wellness and academic learning. It is going to be a different kind of year, but together, we will make it great!

The most important thing for the JS teachers right now is to connect with their new JSM families for 2020-21 year! To help alleviate some of the nervousness families might be feeling, and to start building relationships with their students, Kindergarten to Grade Three teachers will be making phone calls to their students' homes during the week of August 24 to 28. During these conversations, teachers will explain the procedures to be followed for starting the year together. For example, you will find out what your child should bring to school, where he or she will line up, what bus students will do when they arrive at school, and so on.

Because there will be many new practices to learn, all JSM students will have staggered start dates, with only half of each class attending school on the first four days (Sept. 1 - 4). This will allow teachers to work with smaller groups of students as they explain the new safety measures, such as entering/exiting the building, when and how to social distance, when and how to sanitize hands and materials, and so on. Staggered entry schedules were sent out previously, but you will also find them below. To keep exposure minimized, we won't be allowing anyone but the staff and students in the building, but drop off points for students will be designated. Please be sure you send lunch/snacks and any clothing needed for the weather with your children each day, as parents/guardians will not be able to come into the school to drop things off. Please note that whatever is sent in lunches needs to allow for children to eat independently, without needing help opening containers and without borrowing school cutlery.

In the coming days, it will help set up the year for a positive start if you speak with your children in positive ways about returning to school and the importance of following the new routines. Remind them the staff members will be wearing masks and maybe even face shields, so we will look different. Tell them that we might not be able to hug them like before, but we will still love them just as much. Let them know our new expectations are there to help keep everyone safe, and that we are all in this together. We will be laughing and learning in our 'new normal' before we know it!

Yours,

Iracy Duckett

Grades One, Two, and Three Staggered Entry Schedule

Staggered Entry Dates	Grade One	Grade Two	Grade Three
Tuesday, September 1st & Thursday, September 3rd Students will bring in supplies and learn about the classroom rules, routines, entrances, cohorts, procedures, etc. When your classroom teacher calls home during the week of August 24-28, please confirm your child's attendance on these dates.	 Mrs. Reid - Surnames starting with A-K Mrs. Weidner & Mrs. Eberts - Surnames starting with A-K Mrs. Somers Brown - Surnames starting with A-K Mrs. Payzant & Mrs. Meyer - Surnames starting with A-N Mme Duckett - Surnames starting with A-M Mme Drolet - Surnames starting with A-K 	Ms. Smith - Surnames starting with A-J Ms. Wald and Mrs. Womacks - Surnames starting with A-J Mrs. Villeneuve - Surnames starting with A-J Mr. Fullarton & Mrs. Hoppins - Surnames starting with A-K Mme Drysdale - Surnames starting with A-M Mme Lanteigne - Surnames starting with A-H	Ms. Cooke - Surnames starting with A-J Mrs. Sexsmith - Surnames starting with A-M Mrs. Morris - Surnames starting with A-J Mme Flewelling - Surnames starting with A-M Mme Doyon - Surnames starting with A-L
Wednesday, September 2nd & Friday, September 4th Students will bring in supplies and learn about the classroom rules, routines, entrances, cohorts, procedures, etc. When your classroom teacher calls home during the week of August 24-28, please confirm your child's attendance on these dates.	Students whose surnames start with all other letters in each class attend on these dates.	Students whose surnames start with all other letters in each class attend on these dates.	Students whose surnames start with all other letters in each class attend on these dates.

Kindergarten Staggered Entry Schedule

ENGLISH	Mrs Pawlak	Miss Rahm	STAGGERED ENTRY DATE
Monday/Wednesday Program	Last names A - H	Last names A - H	Wednesday September 2nd
	Last names I - Z	Last names I - Z	Friday September 4th
Tuesday/Thursday Program	Last names A - J	Last names A - D	Tuesday September 1st
	Last names K - Z	Last names E - Z	Thursday September 3rd

FRENCH IMMERSION	Mme Ahlquist	STAGGERED ENTRY DATE
Morning Program	Last names A - G	Tuesday September 1st
	Last names H - Z	Wednesday September 2nd
Afternoon Program	Last names A - K	Tuesday September 1st
	Last names L - Z	Wednesday September 2nd

	In-school Classes		
	District Plan	School-Specific Added Guidelines	
Daily Health Check for Students and Staff	Before leaving home, staff, children/students, visitors, and volunteers who will access the school for work or education, must self-screen for symptoms each day before they leave for school using the Alberta Health Daily Checklist.		
	Transportation		
Buses	 Children/students should not board the bus if they have symptoms of COVID-19. Parents/guardians are required to conduct the self-screening tool with their student(s) each day prior to boarding the bus. All students are required to wear a mask at all times on the bus. Bus Drivers will operate their bus wearing a non-medical mask. As much as practical, children/students start boarding from the back seats to the front of the bus while maintaining 2 metres of physical distancing. As much as practical, students will be assigned seats and students who live in the same household will be seated together. As much as practical, students start disembarking from the front seats to the back of the bus while maintaining 2 metres of physical distancing. Drivers will increase the frequency of cleaning and disinfecting of high-touch surfaces, such as door handles, window areas, rails, steering wheel, mobile devices and GPS at the end of each morning and evening run. A vehicle cleaning log will be kept by each driver. Hand sanitizer will be available on the bus. 		

	 Each school bus will have posters promoting hand hygiene, respiratory etiquette, physical distancing etc., posted in visible locations. No sharing of personal items (food, toys, water bottles, etc.). If a child becomes symptomatic during the bus trip, the driver will contact the school to make the appropriate arrangements to pick up the child/student. All parents must complete the Riding a Bus Responsibility Card that will be distributed by drivers. 	
Arriving at the School	 Parents and children/students should not be in the pick-up area or enter the bus if they have symptoms of COVID-19. Each school will develop procedures for student pick-up and drop-off that allow physical distancing of 2 metres between families (as much as possible), support respiratory etiquette and access to hand hygiene. 	 Students should be dropped off between 8:20 and 8:30 on the staggered entry days. Students will go to their teachers, and must not stop to play on equipment. On the staggered entry days, parents/guardians of the younger or new students will drop off their children (while social distancing) and point them toward their teacher who will be waiting by a pylon with the teacher's name. Older students will likely be able to be dropped off and find their own teachers. Students will line up with their teachers the first two days, but when regular schooling starts, students will line up at the doors. Each door will only be the entrance for 2 or 3 classes. One class (cohort) will enter the building at a time. To reduce congestion, we have moved from using 3 entrances/exits to using 8 entrances/exits. When dropped off, students will know which of our 8 entrances to use and how to line up according to social distancing. During the staggered entry days, students will practice what to do when they arrive at school. There will be staff members greeting students arriving on buses and reminding them which door to use and where to line up. Young students will be escorted by staff members to and from buses for the first 2-3 weeks. Students who enter or exit the building outside the

		school's designated opening/closing and break times must ring the doorbell at the front door to alert the office staff that they need entry into the school. Parents/guardians who drop off their children late must phone the school to alert the office staff that their children need entry into the school. All doors of the school will be locked throughout the day.
	Entry Protocols	
Stay at Home when Sick	Stay at home if exhibiting symptoms of COVID-19 that are not related to a pre-existing illness/health condition.	
Staggered School Year Start Dates	 Students have not been in school since March 13 and we have added a number of new protocols designed to keep students as safe as possible. Staggered entry will include a reduced number of students. Following the schedule below, staff will work with students to explain new processes and procedures that must be followed. This will give students the opportunity to become familiar with new routines that will be in place in the school and classrooms. Every school from Pre-K to 12 will create a staggered entry plan during the week of September 1-4 to ensure a safe and orderly return to school. This will ensure new routines and protocols can be taught and carefully followed by students and staff. Regular classes Grades 1-12, will commence no later than September 8, 2020. Each school will create this plan and communicate it to their parents/students prior to August 17. 	 The scheduling is outlined above. Parents/guardians of Kindergarten students should already know which teacher their children will have. If not, please contact the school. Parents/guardians of students in grades one, two and three can see who their children's teachers will be by accessing the Parent Portal on August 24th, which will open at noon. Students should be dropped off between 8:20 and 8:30 on the staggered entry days. Students will go to their teachers, and must not stop to play on equipment. On the staggered entry days, parents/guardians of the younger or new students will drop off their children (while social distancing) and point them toward their teacher who will be waiting by a pylon with the teacher's name. Older students will likely be able to be dropped off and find their own teachers. Students will follow their teachers into their classrooms, where they will be instructed on what to do with their personal items. The staggered entry days will allow teachers to work with smaller groups of students as they explain the new safety measures, such as entering/exiting the building, when and

how to social distance, when and how to sanitize hands and materials, and so on. Staggered entry schedules were sent out previously, but you will also find them below. To keep exposure minimized, we won't be allowing anyone but the staff and students in the building, but drop off points for students will be designated. Please be sure you send lunch/snacks and any clothing needed for the weather with your children each day, as parents/guardians will not be able to come into the school to drop things off. Please note that whatever is sent in lunches needs to allow for children to eat independently, without needing help opening containers and without borrowing school cutlery.

Drop-off and Pick-up Procedures

- Where feasible schools will coordinate staggered drop-off and pick-up times and locations to limit contact between staff, parents/guardians, children and students as much as possible. Please follow the schedule determined by your school for drop-off and pick-up times.
- Adults bringing students to school will be asked to stay in their vehicle or outside the school, and to maintain a safe physical distance between themselves and others. Those who need to enter the school must book an appointment with the school office. Individuals without an appointment will not be able to enter the school.
- Adults who come to pick up students from school will be asked to stay in their vehicle or outside the school, and to maintain a safe physical distance between themselves and others. School staff will bring students outside to meet the adults who are picking them up.

Division plan applies and in addition:

- Students should be dropped off between 8:20 and 8:30 on the staggered entry days. Students will go to their teachers, and must not stop to play on equipment.
- On the staggered entry days, parents/guardians of the younger or new students will drop off their children (while social distancing) and point them toward their teacher who will be waiting by a pylon with the teacher's name. Older students will likely be able to be dropped off and find their own teachers.
- Students will line up with their teachers the first two days, but when regular schooling starts, students will line up at the doors. One class will enter the building at a time. Students will follow their teachers into their classrooms, where they will be instructed on what to do with their personal items.
- To reduce congestion, we have moved from using 3 entrances/exits to using 8 entrances/exits. When dropped off, students will know which of our 8 entrances to use and how to line up according to social distancing. During the staggered entry days, students will practice what to do when they arrive at school.

		 There will be staff members greeting students arriving on buses and reminding them which door to use and where to line up. Young students will be escorted by staff members to and from buses for the first 2-3 weeks. Students who enter or exit the building outside the school's designated opening/closing and break times must ring the doorbell at the front door to alert the office staff that they need entry into the school. Parents/guardians who drop off their children late must phone the school to alert the office staff that their children need entry into the school. All doors of the school will be locked throughout the day. At the end of the day, students will be dismissed by cohorts out of 9 different exits. Students should know exactly where to meet anyone picking them up (eg., an older sibling from another school) and ensure it is distanced by 2m from anyone else. Parents/guardians will need to stay close to their vehicles when picking up their child and be sure to provide clear instructions to their child to ensure they know where to go when they leave the school. There will be adult supervision and assistance at pick-up times to ensure students will not be allowed to play on the equipment before loading buses.
Open or closed campus school communities	Junior high and high schools will work with their school community to decide if students will be allowed to leave campus during lunch breaks. If students are permitted to leave the school building, they must: exit through their assigned door respect physical distancing and all other COVID-19 health protocols when off campus assess whether they have any symptoms of illness before they re-enter the school—students	 JSM students typically remain at school during the whole day, unless prior arrangements are made, such as a signed letter or phone call to the classroom teacher or school office. Parents/guardians must make prior arrangements with school staff if a child will be leaving during the school day, so the child can be prepared and waiting at the front doors for pick up.

	with newly developed symptoms will not be permitted to return to school re-enter the school through their assigned door • Additionally, high schools will need to determine if students may leave campus and return to the school building during a spare period. Schools will also need to identify a space or spaces in the school where students on spares can be accommodated while physical distancing.	Parents/guardians of students who leave the school during school hours (eg., dental appointment) will need to reassess their children using the self-screening tool before they re-enter the school.
Hand Hygiene and Safe Practices	 Everyone must perform hand hygiene (hand sanitizer) when entering and exiting the school. Hand sanitizer stations will be available at each school's main entry/exit locations. Each school will have posters promoting hand hygiene, respiratory etiquette, physical distancing etc., posted in visible locations. 	
	General Protocols	
Physical Distancing	 Everyone in the school shall maintain 2 metres physical distancing whenever possible. Where physical distancing is not possible, extra emphasis on cohorting, hand hygiene, respiratory etiquette, and cleaning and disinfecting on a regular basis (before and after activities) will be implemented. In classroom and school settings where 2 metres of physical distancing is not possible, masks will be mandatory for Grades 4-12 students, and optional for Grades Pre-K - 3 students. It is important that students and staff stay home if they have any symptoms of COVID-19 that are not related to a pre-existing condition. 	
Cohorts	 Cohorting limits exposure to others and aids in contact tracing if needed. Each class will be considered a cohort and efforts to 	The division plan applies, as well as Classroom cohorts include the students and the teachers and EAs who work with and/or supervise the

maintain physical distancing even within a cohort will minimize the risk for disease transmission.

- Every effort will be made to limit the number of cohorts that each student is part of.
- When interacting with people outside the cohort, maintain physical distancing of 2 metres.

class.

- Teachers might also make smaller cohorts of students within their classrooms (eg. story time, snack time, when visiting the washroom).
- On the playground, students will have cohorts that include 4 to 5 classes, depending on class sizes. The recess break cohorts will each have a designated play zone on the playground. Those zones will be changed daily to provide students with a variety of different playground activities. All students will be outside at the same time, but will be assigned a specific zone of play. Students will be allowed to interact with each other within their break cohort in their designated play zone.

Engineered and Administrative Controls in Schools

- School offices will be required to create a barrier to maintain physical distancing with office visitors.
- All school entry/exit doors will have COVID-19 signs posted to indicate that anyone with symptoms cannot enter the school.
- Directional arrows will be posted in each school to support physical distancing.
- Schools may designate different entrances and exits for different classes of students.
- Schools may post occupancy limits for bathrooms, common areas and meeting rooms to allow physical distancing.
- All rugs/soft surfaces that cannot be cleaned and sanitized have been removed from classrooms.
- Unnecessary furniture has been removed from classrooms.
- The following high touch items will not be used in schools except as needed in Foods classes: refrigerators, microwaves, dishwashers and vending machines.
- There will be no use of school cutlery, cups, dishes, etc. except as needed in Food Studies classes.
- All school assemblies will be virtual.

The division plan applies, as well as

- Occupancy signs will be posted for smaller spaces such as the office and washrooms.
- The main doors will only be used for outside services personnel. All other doors will be locked during instructional times.
- Communications/meetings between parents/guardians and school staff will take place by phone, email, Remind, Google Meet, and/or other digital means.
- To limit exposure through touching, home journals will no longer be used as a means of communication.
- Physical distancing visuals will be used where possible, such as lining up outside and on classroom floors.
- Classroom furniture has been changed and/or arranged to maximize allow for physical space and number of students.
- Every class will operate in a cohort and in many cases the classroom cohort will be split into different activities during the day for smaller groupings.
- Some teachers may opt to assign individual students personal, cleanable floor spaces for sitting, such as washable floor mats.
- Given the interactive nature of K-3 instructional.

practices, children will be participating in various learning activities and centres with regular cleaning of learning centres, tables and spaces between classes on an on-going basis. When students are at centres and interacting with each other, there will be an emphasis on proper hygiene required for sanitizing hands before and after touching materials, keeping hands away from faces, using elbows for sneezing and coughing, etc. When students are at centres and interacting with common materials (eg., science or math resources), these materials will be sanitized before another group of students uses them). Students will be allowed to access books within the classroom using procedures that limit handling. Once students finish with classroom library books, they will be placed in a designated area. Books will follow proper protocols before being put back into circulation within the classroom (ie., they will sit for two days and then be disinfected and reshelved). Volunteers and No one should enter the school if she or he is ill. (Complete Division plans apply. • Only the main doors will be used for outside services the self-assessment tool) **Visitors** In-person visitors and volunteers will not be allowed in personnel. Division schools at this time. This includes guest speakers, Registration and school fee payments can be made online, so there is no need to come into the school. sports-team coaches and artists in residence. Individuals Communications/meetings between parents/guardians are encouraged to communicate with the school through and school staff will take place by phone, email, Remind, email or by phone. Google Meet, and/or other digital means. Currently, parent volunteers are not permitted in the school buildina. • Individuals authorized to enter the school include Canada Post, service providers, delivery and maintenance personnel who support the running of the school, and emergency responders. These people will only enter the school if the COVID-19 Information Screening Questionnaire indicates they are safe and if they have no

	symptoms. They must also sign the school's COVID-19 visitor log. Only required visitors can attend the school and must make an appointment prior to be let into the school. Masks will be required for all school visitors. A record of all visitors will be kept at each school. The number of schools that substitute teachers will work in will be limited as much as possible.	
Pre-existing Conditions	 The guidance that Alberta Education and the Chief Medical Officer of Health have provided us addresses children with known pre-existing conditions. "The student should be tested at least once before returning to school and have a negative COVID-19 test result to confirm that COVID-19 is not the source of their symptoms. These symptoms would be their baseline health status. As long as the cough or runny nose is always the same and does not get worse, the student can attend school. Talk to your school about your child's pre-existing medical condition so the school may keep a confidential record of this condition." WCPS recommends that a COVID-19 test be done closer to the start of the school year and as the guidelines state, talk to your child's school at that time. Should a student be required to self-isolate or quarantine, our teachers will provide materials for students who are at home if students are healthy enough to do school work. 	
Responding to Illness	 No one should enter the school if he or she has any possible symptoms of COVID-19. Each school will have two (2) contactless thermometers to assist with managing student and staff health in the event symptoms develop during the school day. If a student or staff member has a fever greater than 38°C, immediate steps will be taken to isolate and assist with transferring to home. Daily temperature checks will not be conducted 	 Students who are ill will remain isolated in the back office until being picked up. Parents/guardians must be prepared to pick up their children immediately and/or have back up plans in place for immediate pick up. School personnel will use the available PPE when supporting sick students if necessary.

unless directed by Alberta Health Services.

- If a child/student develops symptoms while at the school, the child/student will wear a non-medical mask, and be isolated in a separate room. The parent/guardian will be notified to come and pick up the student immediately. If a separate room is not available, the child/student will be kept at least 2 metres away from other children/students. The parent/guardian/student will be asked to access COVID-19 testing by accessing the AHS Online Self-Assessment Tool.
- If the child/student requires close contact and care, staff
 can continue to care for the child/student until the parent is
 able to pick-up the child/student. The student and staff will
 wear a mask and close interactions with the student that
 may result in contact with the student's respiratory
 secretions will be avoided. If very close contact is required
 and the child is young the staff member will also use a face
 shield or eye protection.
- Staff/students must wash their hands before donning a
 mask and before and after removing the mask (<u>Guidance</u>
 on non-medical mask use), and before and after touching
 any items used by the child/student.
- All items the student touched/used while isolated must be cleaned and disinfected as soon as the child/student has been picked up. Items that cannot be cleaned and disinfected (e.g. paper, books, cardboard puzzles) will be removed from the classroom and stored in a sealed container for a minimum of 10 days.
- The zone medical officer of health will work with school authorities to quickly:
 - o Identify cases
 - o Identify close contacts
 - o Create isolation measures when needed
 - o Provide follow-up recommendations
- A COVID-19 case will not automatically lead to school closure. It could be that only the group of students and staff

	 who came in close contact will be required to quarantine for 14 days. Parents will be notified if a case of COVID-19 is confirmed at school and public health officials will contact those who were in close contact with the person. WCPS will support students and staff to learn or work at home if they are required to self-isolate. Any school authority/school connected to a confirmed or probable case of COVID-19 will be contacted by AHS and may be required to close in-person classes to allow the public health investigation to take place. The decision to send a cohort/class home or to cancel classes will be made in consultation with the local health authorities. 	
Masks and Face Shields	 Masks are mandatory for students in Grades 4-12 in all settings where physical distancing at school and in the classroom cannot be maintained. This includes wearing them in all shared and common areas such as hallways and buses. Masks are optional for students in Grades Pre-K - 3. All students, regardless of grade level, are required to wear a mask while on a bus. Every student in the Division will be provided with two reusable masks. Parents/guardians may provide additional masks for their child. If someone forgets their mask, schools will ensure there are supplies available for students and staff. Non-compliance for mask wearing will be addressed through school code of conduct requirements. Masks are mandatory for all staff in all settings where physical distancing cannot be maintained. Face shield use is at the discretion of the individual staff member. Masks are still required for staff who are wearing face shields. 	The division plans apply.
Expectations for	Absolutely no sharing of personal items will be permitted	The division plans apply.

Shared use of Equipment	 (pencils, crayons, erasers, toys, water bottles, books, etc.). When school equipment must be shared (i.e. Chromebooks, CTS shop equipment, P.E. racquets, etc) it must be cleaned and disinfected after each use. 	 Students are being provided with personal tubs to keep all their school materials such as crayons, glue, duo-tangs, books. Parents/guardians will be asked to send only a few school supplies at a time (eg., most of the glue sticks can stay home until needed). When students are at centres and interacting with common materials (eg., science or math resources), these materials will be sanitized before another group of students uses them). Students will be allowed to access books within the classroom using procedures that limit handling. Once students finish with classroom library books, they will be placed in a designated area. Books will follow proper protocols before being put back into circulation within the classroom.
Water Bottles and Fountains	 AHS guidelines state that water fountains can remain open. Mouthpieces of drinking fountains are not a major source of virus transmission and require regular cleaning according to manufacturer recommendations. Water fountain knobs and push buttons are considered high touch surfaces and must be regularly cleaned and disinfected. It is recommended that students bring their own water bottle (labelled with their name) and fill water bottles rather than having them drink directly from the mouthpiece of a fountain. 	
Lunch	 It is important for students who stay at school for lunch to remember to bring their lunch each day—schools will not be able to accommodate family members who want to drop off lunches. If a student forgets their lunch, families should phone the school to work out a solution. Students will store lunches with their other personal belongings. 	 The division plans apply. Students will have their lunch and snacks with them in the classrooms from the start of the day and will eat within their class cohort. Please be sure food is sent with your child each day, so you don't have to make special arrangements to drop food off. The JSM daily schedule has been redesigned and will no

	 All students must wash their hands before eating, and eat only their own food. Students are not permitted to share food under provincial health guidelines. At this time, microwaves will not be available to students and vending machines will not be operating to maintain physical distancing. Elementary students will remain in their cohort to eat lunch. Multiple cohorts will not gather together to eat. Junior high and high school students who stay on campus will be assigned to an area of the school for lunch. If the school is using a common lunch area, cohorts of students will eat in staggered shifts and the space will be cleaned and disinfected between each cohort. Given the limitation on food handling and concerns for safety, school curricular cafeteria programs (Culinary Arts) can continue but food sales or serving of foods is not permitted. Food delivery services for students will not be permitted in any school. 	longer include a whole school morning recess. There will be a 25 minute recess at lunch time and a 25 minute eating time to allow for the additional time required for hand washing, dressing for outdoors, and entering/exiting.
Personal Belongings	 Locker use is allowed when a school can provide the following: A plan must be developed by each school to ensure appropriate physical distancing will be maintained at all times throughout the day. A plan must be developed by each school to ensure sanitizing of the locker handle, lock, and touch surfaces daily. This task is to be completed by students without reliance on school custodians due to the frequency and time associated with this requirement. Boot racks can be used providing physical distancing can be maintained. All students and staff are encouraged to use a backpack for all personal belongings. Lunches are to be stored with personal belongings (in a 	The division plans apply.

	backpack). Please consider wide mouth thermos containers for hot food as microwaves are not available.	
Electronic Devices	 Students are encouraged to bring their own educational devices (BYOED). Student personal devices are to be stored with their personal belongings. Wolf Creek Public Schools works with a vendor partner to offer a parent purchase program for Chromebooks. More information about this optional program can be found on our website. Schools will develop a protocol for disinfecting high touch surfaces on district owned shared electronic equipment between uses. Schools will also emphasize hand hygiene etiquette (washing or use of hand sanitizer) before and after students use shared district equipment. 	 The division plans apply, as well The students of JSM are not permitted to take electronic devices of any kind outside on the playground during breaks. JSM does not have a plan for guardians to purchase devices through the school, but students have access to shared Chromebooks. Students will have to disinfect these devices after each use, then wash their hands. If guardians choose to send a personal Chromebook with their children, they will need to take responsibility for their safety and keep them with their other personal belongings.
Posters	Schools will use the following posters throughout the school to promote important safety practices: Cover your cough Do not enter Healthy distance Personal items Stay safe Wash your hands Wash and sanitize your hands 	
	Classes and Programn	ning
Classroom Hygiene	 Everyone entering the classroom must perform hand hygiene. An emphasis will be placed on hand hygiene, respiratory etiquette and physical distancing as much as possible while in classrooms. Students and staff will wipe their own workspace such as 	 All staff and students will sanitize their hands upon entering the classrooms. Classrooms are arranged to maximize as much distancing as possible. Students will be assigned the same desk and/or table for the entire day.

desks, chromebooks, etc. before and after using. Younger students may require help from the teacher or educational assistant.

- Each day the desks and/or tables will be disinfected.
- If students are required to move to a different area, that area will be disinfected after use.
- When students are at centres and interacting with each other, there will be an emphasis on proper hygiene required for sanitizing hands before and after touching materials, keeping hands away from faces, using elbows for sneezing and coughing, etc.
- When students are at centres and interacting with common materials (eg., science or math resources), these materials will be sanitized before another group of students uses them).
- Students will be allowed to access books within the classroom using procedures that limit handling. Once students finish with classroom library books, they will be placed in a designated area. Books will follow proper protocols before being put back into circulation within the classroom (ie., they will sit for two days and then be disinfected and reshelved).

Class Sizes and Configuration

- Class sizes will be similar to previous years.
- Where 2 metres is not possible between desks, they will be separated by the greatest possible spacing in each classroom.
- If 2 metres cannot be arranged between desks/tables, students should be arranged so they are not facing each other (e.g. arranged in rows rather than in small groups of 4 or a semi-circle). This way, if a student coughs or sneezes, they are not likely to cough or sneeze directly on the face of another student.
- Masks are mandatory for students in Grades 4-12 in all settings where physical distancing at school and in the classroom cannot be maintained. This includes wearing them in all shared and common areas such as hallways and buses.
- Masks are optional for students in Grades Pre-K 3.

Division plan applies

- Teachers will have students separated to the extent possible, but in K to 3 classrooms, there needs to be interaction with materials and with each other. Steps will be taken to position students such that space is achieved whenever possible, but it will not typically be a distance of 2 metres. For example, teachers will continue to run small groups for reading and students will interact at centres that will allow for up to 3 students to be around a table at a time.
- Very few of the classrooms at JSM have desks, as most teachers use tables. Tables will continue to be used but have limited students at each one (typically 1 or 2). As well, classrooms will include other seating options such as some regular desks, a few lap desks for working on the floor, and personal white boards and/or clipboards

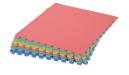
 In situations where physical distancing is not possible, extra emphasis on hand hygiene, respiratory etiquette, not participating when sick and cleaning and disinfecting on a regular basis before and after activities will occur.

- Teachers will have seating plans for all classes.
- Each class will be considered a cohort and interaction between cohorts will be minimized.
 - Cohorts encourage individuals who cannot maintain 2 metre physical distancing (i.e. classes) to interact with the same people (their cohort) rather than switching daily contacts or randomly interacting with other people.
 - Within each cohort (classroom), students will maintain the greatest physical distancing possible to minimize the risk for disease transmission (i.e., spacing between desks, facing the same way).

for students to work on instead of table tops.



 Some teachers may opt to assign individual students personal, cleanable floor spaces for sitting, such as washable floor mats that would be cleaned daily and/or stored separate from each other.







- When students are at centres and interacting with each other, there will be an emphasis on proper hygiene required for sanitizing hands before and after touching materials, keeping hands away from faces, using elbows for sneezing and coughing, etc.
- When students are at centres and interacting with common materials (eg., science or math resources), these materials will be sanitized before another group of students uses them).
- Teachers will be encouraged to take their students outside for lessons when learning can be in or using nature, and/or by using lap desks, clipboards, or whiteboards as surfaces to work on, if needed.

Student Movement

- Where possible, teachers will move between classrooms and students will remain at their desks.
- Hallway protocols are developed to ensure students remain a safe distance apart while moving throughout the building.
- Each school will have posters promoting hand hygiene,

Division plans apply, but

• Students will move to the Music room and to the gym (when indoors) for these subjects.

	respiratory etiquette, physical distancing etc., posted in visible locations. Teachers and staff will reinforce protocols.	
Breaks	Snack, lunch, recess, and class change breaks will be staggered in each school to maintain physical distancing among children/students.	 The JSM daily schedule has been redesigned and will no longer include a whole school morning recess. There will be a 25 minute recess at lunch time and a 25 minute eating time to allow for the additional time required for hand washing, dressing for outdoors, and entering/exiting. There will be a whole school afternoon break. To limit the number of students on the playground at any given time, there will be no overlap between the JSM recesses and the recesses of Father Lacombe School or École Lacombe Upper Elementary School. In the mornings, teachers will have the freedom to take their own cohort of students outside at any time. They may also choose to join with one or more of their usual recess cohort classrooms. Students will prepare for recess breaks in their classrooms, then be dismissed by cohort through their own doors. Students will have their lunch and snacks with them in the classrooms from the start of the day and will eat within their class cohort.
Food and Nutrition Services	 No activities that involve the sharing of food between students or staff should occur. Classes that teach food preparation may occur as long as students do not share the food they prepare with other students or staff. For classroom meals and snacks: No self-serve or family-style meal service. Instead, switch to pre-packaged meals or meals served by designated staff. Food provided by the family should be stored with the student's belongings. Close the food preparation areas off that could be accessed by students/children, non-designated 	Division plans apply.

	staff, or essential visitors. Ensure that food-handling staff practice meticulous hand hygiene and are excluded from work if they are symptomatic. Students/children should practice physical distancing while eating. There should be no common food items (e.g., salt and pepper shakers, ketchup). Utensils should be used to serve food items (not fingers). If a school is using a common lunchroom and staggering lunch times, ensure that the area including all surfaces of the tables and chairs (including the underneath edge of the chair seat) are cleaned and disinfected after each use. School Cafeteria Curricular Programs Given the limitation on food handling and concerns for safety, school curricular cafeteria programs (Culinary Arts) can continue but food sales or serving of foods is not permitted.	
Using Playground Equipment	 Each school will have posters promoting hand hygiene, respiratory etiquette, physical distancing etc., posted in visible locations. Playground users should maintain physical distancing at all times. Ensure there are hand sanitizer stations available to maintain hand hygiene. Encourage children to avoid sharing toys or sports equipment and limit contact with individuals outside of their cohort. Increased focus on respiratory etiquette and physical distancing will be taken around playground equipment. 	 Students will be taught games to play that promote some degree of physical distancing (eg., pool noodle tag and ultimate soccer). Staff members will create games and spaces on the playground for play that promotes distancing (eg., hopscotch games).
Physical Education	When possible physical education will be done outside instead of inside as the risk of transmission is more likely to	Division plans apply, as well as • Along with other curricular goals, the PE teacher will

include the teaching and reinforcing of games for occur indoors rather than outdoors and will follow the Guidance for Sport. Physical Activity and Recreation. children to play during recesses and teacher-led daily physical activity that promote some degree of physical • Teachers will choose activities or sports that support physical distancing (e.g. badminton over wrestling). distancing (eg., pool noodle tag and ultimate soccer). • Locker rooms and change rooms: • Kindergarten through Grade 6 students will not change for Physical Education classes. Schools will develop change room protocols for Grades 7 through 12 students that will reflect time and space availability. Lockers will not be available for use. Division plans apply. • Where AHS recommendations and guidelines can be **Option Courses** followed (i.e. cleaning, physical distancing, cohorting, etc.) these courses may continue to be available to students as determined by each school. Practice, rehearsals, and instruction of dance, music and drama programs may proceed as long as the Guidance for Music, Dance and Theatre is followed. • Music, dance and drama performances are suspended at this time. In-person singing, cheering or shouting or playing wind instruments should be postponed at this time. Consider alternatives such as: o Recording or live-streaming individual performers in separate locations; Including more lessons focused on music appreciation or music theory; • Choose to play instruments that are lower risk (e.g., percussion or string instruments over wind instruments). Ensure these items are disinfected after each use. Classes that teach food preparation may occur as long as students do not share the food they prepare with other students or staff. Enhanced cleaning protocols will be implemented.

Work Experience/Work Study/RAP/Life Skills Programming Off-Site	 These programs may resume as long as the risk of infection is mitigated for all participants. If the placement is in a workplace, the child/student is expected to follow health rules set out by the workplace which should comply with the Workplace Guidance for Business Owners. 	
Library/Learning Commons	The protocol to access library materials and resources will be as follows, based on provincial recommendations: students and staff will not access directly. staff will submit a request for the resources a library staff member wearing a mask and gloves will pull the resources the resources will be disinfected and then delivered to the classroom inside the classroom, resources will be disinfected after each use by a student after the resources are returned to the library, they will sit for two days and then be disinfected and reshelved When staff are assigned to work in the library, all hard surfaces and the overall space will be cleaned and disinfected daily according to COVID-19 cleaning standards.	Division plans apply.
Extracurricular Activities, Student Clubs, Field Trips (Local, Provincial, International)	 Extracurricular activities, including athletic events/leagues, field trips requiring busing, and all overnight student excursions are postponed. This will be reviewed by September 30, 2020. Where a student club can meet while maintaining physical distancing they can continue as long as they wipe down touched surfaces. Clubs that cannot maintain physical distancing are cancelled until further notice. Once Canada lifts travel restrictions and non-essential international travel resumes, international travel programs and international education programs will be reviewed. 	Division plans apply.

Community Use and Joint Use Agreements in Schools	 All community use of indoor school space is currently suspended—this is required to support the proper cleaning and disinfecting of the school facility and to limit access to the school by individuals who are not regular members of the school community. All indoor joint use of schools for community members is currently suspended. School fields, tennis courts and ball diamonds will remain available for community use through the joint use agreement in the evenings and on weekends. The Division will work with joint use partners on an ongoing basis to work toward safely reopening school spaces for community use. 	
Student teachers	 The Division will continue to support the placement of student teachers. Student teachers will be expected to follow all safety and health protocols in place for Division staff and students, including the daily COVID-19 Information Screening Questionnaire. They will not be permitted to attend the school if they have symptoms of illness. 	
Graduations	 At this time, any rescheduled traditional Grad 2020 events, or previously scheduled fall traditional Grad events, are to be virtual events or "drive in" events with proper protocols for distancing and safety of participants as per <u>Alberta Health restrictions for gatherings</u>. The Division has not made a decision about traditional grad ceremonies for the class of 2021 as this will be determined at a later date. 	
School Council Meetings	 School council meetings for the 2020–2021 school year may go ahead. These meetings must follow Alberta Health restrictions for social gatherings as well as the safety protocols and expectations outlined in both the provincial School Re-entry Plan and this school re-entry plan. 	Division plans apply. • Meetings will be online until further notice.

	 Schools will support their school council members to determine if they will hold in-person meetings or online virtual meetings. Any in-person meeting must adhere to COVID-19 health and safety protocols. Cleaning Protocols	
Hand Hygiene	 In addition to hand washing with soap, WCPS will provide appropriate amounts of recommended hand sanitizer in schools and on buses, and hand sanitizing dispensers will be available at each school entry/exit way. While washing with soap and water for 20 seconds is the preferred method for cleaning hands, hand sanitizer can be used when this is not practical. Recommended hand hygiene protocols: Before leaving home, on arrival at school, and before leaving school. After using the toilet. Before and/or after any transitions within the school setting (e.g. to another classroom, indoor-outdoor transitions, etc.). After sneezing or coughing. Before and after breaks and sporting activities. Before and after eating any food, including snacks. Before touching face (nose, eyes or mouth). Whenever hands are visibly dirty. 	Division plans apply.
High Touch Areas	 There will be increased frequency of cleaning and disinfecting of high-touch areas in schools. Where required, extra custodial time has been added to accommodate this work. High Touch Areas 	Division plans apply.

Bus Cleaning	Drivers will increase the frequency of cleaning and disinfecting of high-touch surfaces, such as door handles, window areas, rails, steering wheel, mobile devices and GPS at the end of each morning and evening run and vehicle cleaning logs will be kept.	
Cleaning Workspaces	 Materials for staff and students to clean/sanitize their own workspace (desks, shared devices, etc.) will be available in the classroom. Students and staff will wipe their own workspace before and after using. If students remain at the same desk all day, this would be done at the beginning and end of the day. 	Division plans apply.
	Mental Health/Psychosocial Supports fo	or Students and Staff
Providing Mental Health Support	 Staff have access to professional learning on supporting the mental health of students. Information on accessing mental health resources for students, families and staff is posted on the Wolf Creek Inclusive Learning Services Resources for Parents webpage and through the Social/Emotional Supports document. 	Division plans apply.

Options for Parent-directed/taught At-Home Learning (WCPS Virtual Learning Program)

What is the Wolf Creek Virtual Learning Program? The Wolf Creek Virtual Learning Program provides opportunities for parents to have access to digital resources, with occasional support from a Lead Teacher, for their children to temporarily bridge at-home learning experiences due to specific COVID-19 concerns related to attending school. Parents will be responsible to lead this work each day with students who participate in this program. Lead Teachers will provide supportive online resources designed to assist parents in leading learning environments within their home while maintaining a connection to their regular assigned school. This bridge will

ensure a stronger transition back to the school and classroom when the student is able to do so. This program will operate under Alberta Education's Shared Responsibility Program as outlined at this link.

Unlike emergency at-home learning that took place in the Spring of 2020, the Wolf Creek Virtual Learning Program requires students to participate for a greater number of hours at home to meet the full outcomes of the Alberta Programs of Study. It is important to note that the Wolf Creek Virtual Learning Program will not offer the same direct teacher supports, learning opportunities or regular classroom supports as in-person learning. However, the program will provide a bridging support in cases where a future return to school is planned for later in the 2020-2021 school year.

More information on accessing this program can be obtained by contacting your school principal to determine if this opportunity families who find it necessary to have students learn at home due to specific COVID-19 concerns.

The Wolf Creek Virtual Learning Program FAQ will assist with some initial questions. After August 25, school administrators will be available to respond to inquiries by specific parents.

Time Expectations and Focus Areas within the Wolf Creek Virtual Learning Program for Families Wolf Creek Public Schools is committed to offering quality learning experiences at each grade level that lead to high school completion. This program still requires students to meet all the outcomes in the Alberta Program of Studies while learning at home. There will be specific focus areas at the various grade levels to ensure students are moving forward in their learning journey during the 2020-2021 school year.

Kindergarten

- A focus on early development skills to develop strong foundational skills for students prior to entering Grade One.
 Activities will be designed to help children explore, create and play with learning as a foundation within those activities.
- Weekly and Daily Times: **8 to 10 hours** throughout the course of each week.
- Breaks, Lunch and regular, daily physical activity is also necessary to integrate into this time allotment.

Grade 1 to Grade 3

- A focus on literacy and numeracy to develop strong foundational skills in letter recognition, reading and writing skills as students progress through Division One.
- Weekly and Daily Times: 12 to 14 hours per week and/or 3 hours per day.
- Breaks, Lunch and regular, daily physical activity is also suggested to take place beyond this amount of time.
- Optional activities such as Art and virtual field trips will also be provided beyond this amount of time.

Grade 4 to Grade 6

• A continued focus on literacy and numeracy at high levels of understanding, comprehension and complexity to prepare students for older grade level expectations in core areas such as Math, Language Arts, Social Studies and Science.

- Weekly and Daily Times: 16 to 20 hours per week and 4 hours per day.
- Breaks, Lunch and regular, daily physical activity is also suggested to take place beyond this amount of time.
- Optional activities such as Art and virtual field trips will also be provided beyond this amount of time.

Grade 7 to Grade 9

- A focus on core academic programs in Math, Language Arts, Social Studies and Science in order to prepare students for entry to future high school programs through a solid foundation is key. There will be no complimentary (options) courses provided.
- Weekly and Daily Times: **20 to 25 hours per week** and 5 hours per day.
- Additional time may be required to complete work in core subjects that require more research, writing or practice/remediation.
- Breaks, Lunch and regular, daily physical activity is also suggested to take place beyond this amount of time.
- Optional activities such as Art and virtual field trips will also be provided beyond this amount of time.

Grade 10 to Grade 12

- An academic program that mirrors course content the student would be enrolled in at the high school level to assist
 with acquiring the course learning experience and prerequisite skills to continue into high school courses at the
 academic level of the student. Complementary (CTS) Courses will be limited with a stronger focus on core courses.
 Upon re-entry into the regular high school program some courses may continue to be completed online while other
 courses may switch to direct classroom instruction.
- Weekly and Daily Times: **Up to 30 hours per week** and typically over 5 hours per day depending on the nature of the course load.
- Additional time may be required to complete work in core subjects that require more research, writing or practice/remediation.
- Breaks, Lunch and regular, daily physical activity is also suggested to take place beyond this amount of time.

What is Homeschooling and how is it different?

- Homeschool Programs require the parent to be completely in charge of the student learning plan having the primary
 responsibility for planning, managing, providing, evaluating and supervising their child's course of study while developing
 a home education plan to meet the learning outcomes. This plan must adhere to the provincial Home Education
 Regulation. Details are available in the Home Education Handbook.
- Wolf Creek does not currently maintain a homeschooling program within the Division but utilizes a connected school approach for parents to work with local schools.
- Parents that wish to access a home school program are referred to agencies outside of Wolf Creek that operate these programs. These can be found through consultation with the <u>Alberta Home Education Association</u>.

Parent Responsibilities in Home School Programs with Outside Agencies

- Parents have four key responsibilities:
 - Submit a home education plan (HEP) that meets the Home Education Regulation requirements.
 - Submit a mid and a year end written summary of the child's progress toward the learning outcomes identified in the HEP.
 - Provide dated samples of the child's learning in all of the subject areas identified in the HEP (minimum of 4 core subjects).
 - Attend student progress review meetings with the child twice yearly with the Home-based Coordinator.

Plan Updates

All Wolf Creek schools have been given guidelines to prepare for Scenario 1, and will make adjustments based on their unique school community and physical layout of each school.

Please note that this plan may be updated in response to changes directed by Alberta Education. Any changes in the school re-entry scenario will be determined by Alberta Health and Alberta Education with information on local school-based and zone information. We will remain in communication with the Alberta government and will continue to follow its advice.

Resources

Government of Alberta Guidance for School Re-entry - Scenario 1

COVID-19 information: Guidance for School Re-entry - Scenario 1

References

Alberta K to 12 School Re-entry Website

Alberta Health Daily Checklist

Screening Questionnaire

Guidance for Sport, Physical Activity and Recreation

Guidance for Playgrounds (updated June 18, 2020)

Elementary - Returning to School Safely Video

Junior and High School - Returning to School Safely Video

Appendix - A

What is COVID-19?

COVID-19 is an illness caused by a coronavirus. It is a new disease that has not been previously identified in humans. Coronaviruses are a large family of viruses. Some cause illness in people and others cause illness in animals. Human coronaviruses are common and are typically associated with mild illnesses, similar to the common cold. COVID-19 is a new disease caused by the coronavirus (SARS-CoV-2) and was declared a global pandemic in March 2020. Coronaviruses are most commonly spread from an infected person through:

- respiratory droplets when you cough or sneeze.
- close personal contact, such as touching or shaking hands.
- touching something with the virus on it, then touching your eyes, nose or mouth before washing your hands.

These viruses are not known to spread through ventilation systems or through water.

Symptoms

COVID-19 symptoms can be mild and are similar to influenza and other respiratory illnesses. According to information from the <u>Government of Alberta</u>, most healthy people who are infected with the new, or novel, coronavirus will have a mild illness like a cold or flu. They may have a fever, cough, sore muscles or a sore throat. Some people may feel short of breath. Most people (about 80%) recover from this disease without needing special treatment. People who are much older or who already have health problems are more likely to get sicker with the novel coronavirus and may need to be hospitalized.

Alberta Health identifies the following <u>symptoms for COVID-19</u>:

- Common symptoms: cough, fever (over 38°C), shortness of breath, runny nose or sore throat.
- Other symptoms can include: stuffy nose, painful swallowing, headache, chills, muscle or joint aches, feeling unwell in general, new fatigue or severe exhaustion, gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite), loss of sense of smell or taste, conjunctivitis (pink eye).
- Symptoms of serious illness: difficulty breathing or pneumonia.

If you have any of these symptoms, stay home and self-isolate to avoid spreading it to others. Alberta Health recommends calling Health Link at 811 for more information.

Evidence indicates that the virus can be transmitted to others from someone who is infected but not showing symptoms. This includes people who have not yet developed symptoms (pre-symptomatic) and those who will never develop symptoms (asymptomatic).

While experts know that these kinds of transmissions are happening among those in close contact or in close physical settings, it is not known to what extent. This means it is extremely important to follow the proven preventative measures.

Prevention

Novel coronavirus spreads the same way as other viruses that cause colds and cases of flu. When people cough or sneeze, tiny drops of liquid go into the air. If the person has the coronavirus, the virus can be in those droplets and make others sick. One way a person can get sick is by breathing in tiny drops that have the virus in them, that can happen while talking with or being close to someone who is sick. Another way is by someone touching something that tiny drops have landed on and then touching their mouth, nose or eyes. Sharing dishes and forks and spoons, water bottles and drink containers could also spread the virus from someone who is sick to someone who is not.

You can help prevent the spread of COVID-19. Prevention starts with awareness. The following practices will help reduce the spread of COVID-19:

- Practice physical distancing
- Self-isolate when you're feeling sick
- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face

Good Hygiene

Wash your hands really well and often with soap and water for at least 20 seconds. Soap and water are always the best. But, if soap and water are not available, you can use hand sanitizer. If your hands are dirty, or you have touched a surface that others have touched, wash your hands. Don't touch your eyes, nose or mouth until your hands are washed. Cough or sneeze into your elbow or a tissue, then wash your hands. Washing your hands, not touching your face, and staying home when you are sick are the best ways to help you and your family and friends stay healthy.

Parent/Student Support: Guide and Videos

Parents and students can use the following resources to prepare for the new school year.

The <u>2020/21 Parent Guide</u> contains steps parents and students should follow to reduce the risk of COVID-19 in schools.

Videos - Returning to school safely



If there is anything you might be confused or worried about, don't be afraid to ask someone you trust. More information can be found online at <u>alberta.ca/COVID19</u>.

Quarantine and Isolation

Alberta Chief Medical Officer of Health (CMOH) Order 05-2020 has several legal requirements for quarantine and isolation (please see the table below).

Quarantine	Isolation
Required when people are not sick, but have been exposed to someone who has COVID-19.	Required when people are sick, to keep them from infecting others.
The quarantine period for COVID-19 is 14 days. This is because it can take up to 14 days for an individual to develop symptoms.	The isolation period for people who have symptoms (but not diagnosed with COVID-19) is 10 days or until symptoms resolve, whichever is longer.